

1978 MSHSL Class A State Championship

Macalester College - June 9 & 10, 1978

Teams:

| | | | | | | | | | |
|---------------------------|----|---------------|----|----------------------|---|--------------------|---|-----------------|-----|
| Buffalo Lake | 32 | Wadena | 12 | Annandale | 8 | Norwood-Young Am. | 4 | East Chain | 1 |
| St. James | 24 | Windom | 12 | Appleton | 8 | Blue Earth | 4 | Elgin-Millville | 1 |
| Greenway (Coleraine) | 24 | Welcome | 10 | Henning | 8 | Blackduck | 4 | Chokio-Alberta | 1 |
| Glencoe | 22 | Bagley | 10 | Winsted Holy Trinity | 8 | Barrett | 2 | Long Prairie | 1 |
| Plainview | 21 | Mahtomedi | 10 | Chatfield | 7 | St. Paul Murray | 2 | Hermantown | 1 |
| Kimball | 20 | Perham | 10 | LeCenter | 6 | Benson | 2 | Holdingford | 1 |
| Mt. St. Benedict (Crkstn) | 18 | Askov | 10 | Wheaton | 6 | Mayer Lutheran | 2 | Eveleth | 1 |
| Lewiston | 16 | Redwood Falls | 10 | Austin Pacelli | 5 | Belgrade | 2 | Mountain Iron | 1/3 |
| Rochester Lourdes | 16 | Rushford | 10 | Rush City | 4 | Spring Valley | 2 | Barnesville | 1/3 |
| Slayton | 12 | Lanesboro | 10 | Ely | 4 | Tower-Soudan | 2 | LeSueur | 1/3 |
| Holy Angels | 12 | Dassel-Cokato | 9 | Breckenridge | 4 | Kasson-Mantorville | 2 | | |
| Elbow Lake-Wendell | 12 | Madison | 9 | Frazee | 4 | Delano | 1 | | |

110 Yard Hurdles (wind-aided)

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|--------------------------------|-----------|
| 1 Kathy Hunt, Kimball | 14.1 w.a. |
| 2 Beth Sorenson, Bagley | 14.5 |
| 3 Mary Elston, Windom | 14.6 |
| 4 Sue Carter, Plainview | 14.6 |
| 5 Kris Panning, Mayer Lutheran | 14.7 |
| 6 Joane Pokornowski, Dassel-C | 14.8 |

100 Yard Dash (wind-aided)

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|-------------------------------------|-----------|
| 1 Deb Rosenberg, Welcome | 11.3 w.a. |
| 2 Diane Bergquist, St. James | 11.4 |
| 3 Kathy Stoll, Greenway (Coleraine) | 11.4 |
| 4 Lisa Horn, Annandale | 11.6 |
| 5 Jane Chapman, Glencoe | 11.6 |
| 6 Heidi Kruger, Plainview | 11.6 |

Two Mile Run

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|------------------------------|-----------|
| 1 Donna Gathje, Roch Lourdes | 11:23.3 * |
| 2 Sandy Walz, Perham | 11:25.4 |
| 3 Jean Zelenka, LeCenter | 11:25.5 |
| 4 Doreen Zinnel, Slayton | 11:27.5 |
| 5 Joce Kampsen, Belgrade | 11:30.3 |
| 6 Mary Mielke, Delano | 11:38.5 |

One Mile Run

| | |
|---------------------------------|----------|
| 1 Joan Hopfenspirger, Redwood F | 5:13.3 * |
| 2 Ann Miles, Wadena | 5:18.0 |
| 3 Teresa Mayer, Roch Lourdes | 5:18.0 |
| 4 Janice Sweere, Frazee | 5:23.3 |
| 5 Shelia Wagner, Barrett | 5:24.2 |
| 6 Bette Moberg, Long Prairie | 5:24.4 |

880 Yard Relay

| | |
|---|--------|
| 1 St. James (Pam Johnson, Bernie Reinke, Diane Bergquist, Judy Moulton) | 1:47.0 |
| 2 Plainview | 1:48.4 |
| 3 Madison | 1:48.6 |
| 4 Norwood-Young America | 1:48.7 |
| 5 Tower-Soudan | 1:49.0 |
| 6 Holdingford | 1:49.2 |

440 Yard Dash

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|------------------------------|------|
| 1 Wren Schafer, Buffalo Lake | 59.3 |
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|-----------------------------------|------|
| 2 Denise Bullocks, Mt St Benedict | 59.5 |
| 3 Deanne Olson, Elbow Lake-W | 60.1 |
| 4 Andrea Satter, Wheaton | 60.4 |
| 5 Kay Stark, Kasson-Mantorville | 60.6 |
| 6 Dari Goerke, Madison | 61.3 |

180 Yard Hurdles

| | |
|--------------------------------|--------|
| 1 Kathy Hunt, Kimball | 23.1 * |
| 2 Sue Carter, Plainview | 23.3 |
| 3 Mary Elston, Windom | 23.3 |
| 4 Carla Sohn, Blue Earth | 23.6 |
| 5 Linda Richards, Buffalo Lake | 23.8 |
| 6 Elly Kurse, Madison | 24.1 |

440 Yard Relay

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|--|------|
| 1 Greenway (Karen Stoll, Jeri Stish, Linda Soltzak, Kathy Stoll) | 51.0 |
| 2 Dassel-Cokato | 51.3 |
| 3 Chatfield | 51.4 |
| 4 Wadena | 51.9 |
| 5 Bagley | 51.9 |
| 6 Madison | 52.1 |

880 Yard Run

| | |
|------------------------------|----------|
| 1 Lori Bearson, Lanesboro | 2:14.9 * |
| 2 Wren Schafer, Buffalo Lake | 2:18.5 |
| 3 Deanne Olson, Elbow Lake-W | 2:18.5 |
| 4 Pam Bogart, Blackduck | 2:18.8 |
| 5 Carol Schmitz, Perham | 2:18.9 |
| 6 Kathy Merkel, Eveleth | 2:20.0 |

220 Yard Dash

| | |
|-------------------------------------|--------|
| 1 Denise Bullocks, Mt St Benedict | 25.6 * |
| 2 Kathy Stoll, Greenway (Coleraine) | 25.8 |
| 3 Diane Bergquist, St. James | 26.0 |
| 4 Jane Chapman, Glencoe | 26.1 |
| 5 Debbie Stampely, St P Murray | 26.5 |
| 6 Faith Schweitzer, Chatfield | 26.5 |

Mile Relay

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| 1 Buffalo Lake (Linda Richards, Laurie Schaefer, Shelia Leske, Wren Schafer) | 4:02.0 |
| 2 Slayton | 4:03.1 |

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| 3 Holy Angels | 4:03.6 |
| 4 Rush City | 4:04.9 |
| 5 Madison | 4:05.6 |
| 6 Elgin-Millville | 4:05.6 |

High Jump

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|---------------------------------------|--------|
| 1 Sandy Ball, Askov | 5-8 ** |
| 2 Joanne Guggemos, W Holy Trinity | 5-4 |
| 3 Kate Christopherson, Austin Pacelli | 5-4 |
| 3 Kris Lindstrom, Watertown | 5-4 |
| 5 Roxanne Eckhoff, Braham | 5-3 |
| 6 Ann Shaughnessy, LeSueur | 5-2 |
| 6 Sue Griffin, Barnesville | 5-2 |
| 6 Karen Swanson, Mountain Iron | 5-2 |

Discus

| | |
|------------------------------|--------|
| 1 Brenda Johnson, Rutherford | 126-11 |
| 2 Lucinda Mammen, Appleton | 126-11 |
| 3 Barb Bollman, Lewiston | 122-1 |
| 4 Sharon Provo, Annandale | 120-10 |
| 5 Lorrie Jensen, Mahtomedi | 120-9 |
| 6 Jane WArgin, Hermantown | 114-0 |

Shot Put

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|-------------------------------|----------|
| 1 Barb Bollman, Lewiston | 43-9 ½ * |
| 2 Diane Swanson, Henning | 41-5 ¾ |
| 3 Lois Huepenbecker, Glencoe | 40-10 |
| 4 Sherry Hill, Ely | 40-9 ¼ |
| 5 Deb Wohlenhaus, Wheaton | 40-0 ¼ |
| 6 Linda Gustafson, East Chain | 39-8 ¼ |

Long Jump

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|--------------------------------|-------------|
| 1 Jane Chapman, Glencoe | 18-3 ½ w.a. |
| 2 Wendy Nelson, Mahtomedi | 18-0 w.a. |
| 3 Julie Dzik, Holy Angels | 17-9 ¼ |
| 4 Cindy Hiedeman, Breckenridge | 17-6 ½ w.a. |
| 5 Rhonda House, Spring Valley | 17-5 ½ w.a. |
| 6 Lori Legler, Chokio-Alberta | 17-2 ¼ |

* New Class A Record

** New Class A Record & ties State Record

Notes: Buffalo Lake was coached by Dave Van Meveren.